

Community Success

Voluntary & Community (VCS) Training Courses



Our VCS training is suitable for organisations of all sizes who offer services / activities within their community. Through both our 'tailored' training and general courses we offer training designed and developed to meet the specific needs of organisations operating within the VCS (Voluntary Community Sector). Our 'tailored' training can be focused around staff and volunteer development, organisational growth and development, promoting and marketing your organisation.

We can also facilitate 'away days' which address and deal with specific management / staff / volunteer / developmental issues - Contact us to discuss your needs.

Voluntary & Community (VCS) Training Courses currently available:

For Better for Worse; In Sickness and in Health – 21st Century Working Life

Course overview: This workshop introduces the concept of the happy organisation by providing:

- Health education for the burnt out workplace
- Promoting safe social intercourse in our work
- Resuscitation for the organisation
- Physiotherapy to get your organisation going again

The sessions will include exploring:

- The stress pandemic
- Management theories under the microscope of practice
- The prognosis for the happy workplace and how we create it?
- A prescription for well-being at work

Delivered as: Taster (2-3 hours), Intensive 'Away Day' for the organisation, 1 day course.

Contact us for further details about this course and/or to register an interest.

The 'Boris' Model

Course overview: This workshop introduces 'Boris' the spider and his web as a way developing staff/volunteer teams

and building a shared vision within an organisation.

The sessions will include:

- Building staff/volunteer teams, trust and communication
- Empowering individuals within the staff/volunteer teams
- Helping staff/volunteers develop a new mind set towards the organisation and it's work
- Building a shared vision within the overall staff/volunteer team which enables individuals to feel ownership
- Creating the right environment that reflects the ethos of the organisation

Delivered as: Taster (2-3 hours), Intensive 'Away Day' for the organisation, 1 day course, 3 day course

Contact us for further details about this course and/or to register an interest.

Creative Presentation / Training Skills:

Course overview: The course is aimed at encouraging, as well as developing the confidence and skills of staff / volunteers working in a voluntary / community setting who may need to run presentations / short learning / training sessions, but who have little experience of doing so. The sessions will include learning theory and some of the courses will put this into practice giving delegates an understanding of how people learn and an opportunity to try out their ability to plan and deliver a presentation / learning or training session in groups, in pairs and on an individual basis. Learners will also be encouraged to reflect on what they have learned and make plans for improvement.

Delivered as: Taster (2-3 hours), 1 day course, 3 day non / accredited course (OCN), 4 day accredited course (OCN – one credit at levels 2 or 3).

Contact us for further details about this course and/or to register an interest.

A Practical 'hands-on' introduction to Neuro Linguistic Programming (NLP):

Course Overview: NLP is not a theory it is a model which can be utilised in any situation in order to improve rapport and facilitate an outcome. Therefore, although we present the basic principles of NLP, all our courses are specifically targeted to the needs of the group and the voluntary / community setting they are involved with.

Courses are presented in a 'down-to-earth' fashion – the emphasis being that learners get the 'hands-on' experience of the subject.

Our training methods are creative and interactive with an emphasis on involvement and fun!

Benefits of learning NLP techniques:

- * improved awareness of your own and others communication, thinking styles, and motivational drivers

- * focused and productive meetings



- * persuasive communication that informs, motivates and inspires others
- * increased confidence and enhanced ability to influence people and events

Delivered as: Taster (2-3 hours), 2 day course, 3 day course.

Contact us for further details about this course and/or to register an interest.

Making Meetings Work for You:

Course Overview: A practical 'hands-on' introduction to understanding the 'dynamics' within a community meeting and utilising the necessary skills to ensure a positive experience of making a beneficial contribution, feeling involved and ensuring a successful outcome. This course is suitable for those new to attending community meetings / networking who want to improve their input and results.

Delivered as: Taster (2-3 hours), 2 day course.

Contact us for further details about this course and/or to register an interest.

Negotiation and Influencing Skills for Community Leaders:

Course Overview: A practical 'hands-on' introduction to enhancing and developing verbal and non-verbal communication.

Delivered as: Taster (2-3 hours), 2 day course

Contact us for further details about this course and/or to register an interest.

Other courses:

- * Utilising Coaching and Mentoring for Community Success
- * Enhancing and Developing Community Groups
- * Stress Management for Workers and Volunteers from Community run Organisations
- * Assertiveness - can be aimed at women or men only groups
- * Effective Management Committee Team Working for Community Development and Success

The above courses can be 'tailored' to specific audiences and unless specified, can be offered as 'tasters' (2-3 hours) or over 1, 2, 3 or 4 days dependant on need.

Contact us for further details about the above courses and/or to register an interest.

Elements of all our courses can be offered through E-learning if necessary, some courses are suitable for 'blended' learning provision. Support and interaction is available through qualified E-learning tutors.

