

Hypnotherapy Foundation Course

The Hypnotherapy Foundation course:



The **Hypnotherapy Foundation** course is held over 3 weekends in the classroom where students learn the basics of inducing hypnosis safely and appropriately. Our Foundation course allows students to practice the basics of hypnosis including inductions, deepening techniques and hypnotic phenomena under the watchful eye of the lecturers. We believe that this is the best preparation for further studies and provides students with the basic skills needed to induce hypnosis safely and appropriately.

There is an element of continuous assessment of students throughout the course and during the final weekend students will undertake a multiple choice written and, practical exam. On successful completion of the foundation course students will be awarded the NCTH Ltd. Foundation certificate in Therapeutic Hypnosis and will be invited to apply for Associate / Student Membership of the Hypnotherapy Society .

Students are eligible to undertake the Diploma course on successful completion of the Foundation course. Students who have completed Foundation training elsewhere may also be eligible to progress onto the Diploma course through either / or:

- * successful completion of our Foundation course exam

- * demonstration of accredited prior learning.

Download a **Hypnotherapy FoundationCourse** Brochure or Contact us for further details about this course and/or to register an interest.