

Therapeutic Hypnosis

Hypnotherapy Training Courses



Our hypnotherapy courses equip students with the skills necessary to practice what we believe can be one of the most satisfying of caring professions. Hypnotherapy can be used in conjunction with counselling and other psychotherapies, however, it is a powerful medium in itself, promoting and facilitating beneficial change and it can alleviate a variety of presenting symptoms:- physical, emotional and psychological.

Hypnotherapy courses currently available:

The structure of our hypnotherapy courses allows individuals to study at all levels:

The **Hypnotherapy Introductory 'Taster' course** introduce students to the subject and includes learning techniques for personal benefit.

The **Hypnotherapy Foundation course** covers the practical aspects of the hypnotic state and prepares students for further studies into the clinical applications of hypnosis.

The **Hypnotherapy Diploma course** is professional training consisting of both theoretical information and practical sessions to prepare the student for professional practice.

The **Hypnotherapy 'Intensive' days / Advanced certificated course** are designed to be of particular interest to practising therapists to help further develop their capabilities and to extend and enhance their skills.

The ability to use Clinical Hypnosis in a safe, appropriate manner is of paramount importance and this is emphasised throughout all our professional training programmes.

Hypnotherapy 'Intensive' days / Advanced certificated course:

The Hypnotherapy 'Intensive' days / Advanced certificated days are designed to be of particular interest to practising therapists to help further develop their capabilities and to extend and enhance their skills. The 'intensives' are held over 1 or 2 days and cover specialist subjects of interest which students can 'tap into' as and when required or students can attend 'intensives' to build up credits towards the Advanced Certification in Hypnotherapy and related Psychotherapeutic Studies as awarded by the NCTH Ltd. Students are welcome from other training establishments and with other qualifications providing they can demonstrate they have studied Hypnotherapy at Diploma level.

Contact us for further details about these courses and/or to register an interest.

