

## Mentoring Programme:

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Mentoring is an increasingly popular concept which is being used within a wide range of settings. It is a powerful and popular way for people to learn a variety of personal and professional skills.

The overall aim of the NCTH mentoring programme is:

*'to enable ex-students of the NCTH Ltd who have qualified at Diploma level and are now working as Hypnotherapy practitioners to act as support mentors to current students undertaking Diploma studies'*

At the start of the Diploma course in Therapeutic Hypnosis students will be informed about the programme and offered the opportunity to utilise it throughout their studies, interested students will then be matched accordingly to a support mentor.

The NCTH have developed full guidelines for the implementation of this programme and fully support the running and evaluation of it.

